

GFWC GREATER WEST PALM BEACH WOMEN'S CLUB

a member of the General Federation of Women's Clubs

"WE PUT LOVE IN ACTION THROUGH SERVICE"

August 2019

VOL. 19 ISSUE 8



PRESIDENT'S MESSAGE-

Mary Evelyn Mitchell

Dear Members,

Thank you to everyone for your hard work and many projects. As we move toward the end of the year, I would like to call your attention to the Legislative Action Center. GFWC has made Legislation and Public Policy a central focus of this administration and as one of the "7 Grand Initiatives" of the GFWC, members are asked to sign up for the LAC to receive updates on specific national legislation that members are asked to support.

I would like to ask each of us to sign up by using the link

<http://www.cqrcengage.com/gfwc/app/register?5&m=42271> or search for "Legislative Action Center". On this link the GFWC will send an alert to provide information on legislation that they desire you consider to support. If you feel if you agree with the legislation based on your political, philosophical, social or other views, you can just click the "take action" button. You will get a pre-fill of the email addresses for your legislators and you will also get a pre-filled letter that you can send if you choose, by saying submit.

We can put this to the test when all GFWC Florida members are asked on Sept. 23 to make phone calls or send emails to their US Legislators to support passing Miranda's Law. This law helps to regulate screening of school bus drivers. On

October 23 we will be asked to support the 3D Printed Gun Safety Act.

If you are like me, I am always ready to complain about the actions or inaction of our Legislature and/or Congress. This is a way to take action in a unified manner and perhaps make a difference.

Thank you for considering this.

In Federation Love,

Mary Evelyn

Stay Safe

CORRESPONDING SECRETARY-

Fran Green and Sheila Zile-Pecoraro

Our speaker was Kelly Martin from PBC Environmental resources. She gave a very educational talk on the 5 types of sea turtles that return to our area to lay their eggs. Turtles return to the area they themselves hatched from.



MEMBERSHIP - Meg America and Linda Ferris

Ladies Day Out

Event: Downton Abbey The movie

Date: September 17

Time: After lunch when we see movie times

Place: Theatre at the Wellington Mall \$6

Tuesday.

We may have to sign up for seats early as the movie will open the previous Thursday.

The "You Nailed It" Awards for August goes to Jean Allen for being the greeter at our business meeting.

September Birthdays

- 1st Fran Green
- 16th Gay Alexin
- 18th Fran Green
- 26th Mary Evelyn Mitchell

September Anniversaries

- 3rd Barbara & Rick Burdette
- 25th Janet & Dan Carlson

We are all aging a bit. Not too fast but it is happening. We have a great group of women who feel for each of us when we lose someone who has been close to us. We have often passed the hat/envelope to donate to a charity to the deceased person's choice. Your board has decided to set a policy. We will always let you

know if a member has lost a family member or close friend. But, we will pass the envelope only for a parent, spouse, child and we hope never to see this, but a grandchild too.

These are sad times for all of us. Membership will send a card to the member from all of us. Each of you can send a card with a special note to the member.



FUNDRAISING - JeffAnne Pike

The Around Town coupon books are here. We have 50 to sell. Please let Gay know how many you would like.

Bunco was held on Friday August 23, at 6 p.m. A dinner of Sandwiches, Salads, & Desserts was enjoyed by 7 members, 4 Boosters and 10 guests. We collected \$190 in Bunco money to use on our various projects to help others. We had the fastest Bunco game time in our history. Everyone enjoyed the delicious food and game time. Special Thanks goes to Barbara & Rick Burdette for hosting this event. We hope you will plan to attend Bunco in October. We were having such a good time we forgot to take pictures!!!



ARTS - Sharon Bounds

Members had a fun night painting signs at Downtown Art Factory. Members went to dinner first and then were ready to be creative.



CONSERVATION - Donna Cohen

Shelia and I met with Rick Lancaster and Peggy Eltz to donate the cat food the club has collected 77 cans!! Along with Peggy Adams Animal Rescue League, Peggy and Rick work selflessly to improve the lives of free roaming cats in Palm Beach County. Keep up the good work ladies...our goal is to donate 100 cans per quarter.



Our Club adopted a "trapper team". Currently, we are donating food to help them in their efforts to eliminate unwanted and abandon cats in our county.



Club members painted boxes at the Palm Beach Zoo. These boxes will be used at Satu's (Komodo Dragon) housewarming party.



Club members went to the Palm Beach Zoo for Satu's housewarming party. He loved the presents we painted for him.





Hopkins for purchasing the items and organizing the annual event.

Eight children's books were donated to Habitat for Humanity at the District 10 meeting on Saturday, August 10.

22 baby board books titled *Where is Mommy's Baby* were delivered along with the Mommy Bags for the August 24 Women Veteran's Baby Shower.

This Education Chair completed the GFWC Literacy Grant Evaluation for the January 2019 Grant. I will apply for another grant in December.

I acquired 20 canvas bags from Cathy Hopkins and decided to make them into gift bags for our three-year old class at HHRC. I used stencils and paint pens to decorate them and will set up a delivery date to HHRC.

I will continue to collect hardback and paperback books for delivery to the Literacy Coalition of Palm Beach or the Wellington Mall Reading Room.



Thanks to Wilson Williams for painting our eagle.



HOME LIFE - Suzan Close

On Tuesday August 27, 2019 we had a workshop to make pillowcases for Quantum House. It was held at the home of Suzan Close, 6303 N. San Andros, West Palm Beach, FL 33411. We started about 1 pm and worked until 4:30. Cathy Hopkins had already washed all the fabric and cut out the pillowcases before we started. We had 6 members and 1 guest to work on this project. The members were Mary Evelyn Mitchell, Meg America, Jean Allen, Linda Walker, Suzan Close & our guest, Evelyn Bartley. We completed 30 pillowcases with 17 more to be finished up by Cathy and Meg. We had a lot of fun and have several more workshops planned.



EDUCATION - Kathy Stackhouse

Education Funds of \$130 were used to buy school supplies to pack the backpacks for Home Safe on August 4, 2019. Thanks to Cathy



Operation Christmas Child: Please bring any and all items you have collected for the shoeboxes to our meeting in September. We will be packing the boxes in October.



On September 12, 2019 at 1 p.m., we will make shirt protectors for the Royal Palm School children. The school will provide the fabric. The Palm Beach Gardens club is planning to work with us again on providing the **Quantum House Dinner**. The date is November 6, 2019. Please let me know if you would be available to help out that day. We need at least 5 people. The pillowcases will be given out at that time. More detail will follow at our meeting in September.

JeffAnne Pike is heading to Virginia Beach and will be delivering our 22 "Smile Bags" and all of the items we collected for each one. Thank you so much to all who participated in this wonderful project. JeffAnne and her traveling friends have collected \$240 and will deliver a check as well. This amount will cover a complete operation. For those who are not familiar with Operation Smile, it is an international children's medical charity that performs safe cleft lip and cleft palate surgeries and delivers post-operative and ongoing medical care to children in low-income countries. After receiving surgery, each child receives a Smile Bag filled with the following ten items:



INTERNATIONAL OUTREACH - Linda Walker

Our **International Dinner** for September will be at DON RAMON'S RESTAURANT on Monday, September 9 at 6 p.m. It is located at just South of Forest Hill on South Dixie Highway (7101 South Dixie Highway, WPB). I have reserved the back room. Please let me know by Friday, September 6 whether or not you can make it as I must let them know how many of us will be coming. The food is delicious and it is very reasonably priced. I hope many of you will join me.

Small shampoo, Small Mirror, Comb, Toothpaste, Toothbrush, Coloring Book, Crayons, Small Stuffed Animal, Washcloth and a Bar of Soap. We will be doing this project again next year, so please begin collecting some items now. Thank you.



PUBLIC ISSUES - Cathy Hopkins Be safe ...

DISASTER SUPPLY KIT CHECKLIST

A Family Disaster Supply Kit is essential in preparing for a disaster. Your Disaster Supply Kit should include the items previously discussed and these additional items.

<input type="checkbox"/> Water (1 gallon per person per day for 7 days) <input type="checkbox"/> Non-perishable food <input type="checkbox"/> Sterile gauze pads <input type="checkbox"/> Flashlight and batteries <input type="checkbox"/> NOAA weather radio <input type="checkbox"/> First aid kit <input type="checkbox"/> At least two weeks supply of medication, medical supplies used regularly and a list of allergies <input type="checkbox"/> Information about where you receive medication, the name of the drug, and dosage <input type="checkbox"/> Medical records and primary care physician contact information <input type="checkbox"/> List of the style, serial number, and manufacturer information of needed medical devices <input type="checkbox"/> Service animal I.D., veterinary records, and proof of ownership <input type="checkbox"/> Supplies for your service animal	First Aid Kit <input type="checkbox"/> First Aid Manual <input type="checkbox"/> Sterile adhesive bandages of different sizes <input type="checkbox"/> Sterile gauze pads <input type="checkbox"/> Hypoallergenic adhesive tape <input type="checkbox"/> Triangular bandages <input type="checkbox"/> Scissors <input type="checkbox"/> Tweezers <input type="checkbox"/> Sealing resin <input type="checkbox"/> Moistened swabsticks <input type="checkbox"/> Antiseptic <input type="checkbox"/> Thermometer <input type="checkbox"/> Tube of petroleum jelly <input type="checkbox"/> Safety pins <input type="checkbox"/> Soap <input type="checkbox"/> Latex gloves <input type="checkbox"/> Sunscreen <input type="checkbox"/> Aspirin or other pain reliever <input type="checkbox"/> Anti-diarrhea medicine <input type="checkbox"/> Antacid <input type="checkbox"/> Laxative <input type="checkbox"/> Activated charcoal	<input type="checkbox"/> Radio: Battery operated or hand cranked radio, a NOAA weather radio <input type="checkbox"/> Cash: Banks and ATMs may not be available after a storm Important Documents <input type="checkbox"/> Insurance cards <input type="checkbox"/> Medical records <input type="checkbox"/> Bank numbers <input type="checkbox"/> Credit card numbers <input type="checkbox"/> Copy of social security card <input type="checkbox"/> Copies of birth and/or marriage certificates <input type="checkbox"/> Other personal documents <input type="checkbox"/> Set of car, house, and office keys Items should be kept in a water proof container
<input type="checkbox"/> Special needs items: Be sure to include specialty items for infants, small children, the elderly, and those family members with a disability. <input type="checkbox"/> Clothing: include seasonal or rain gear and sturdy shoes or boots. <input type="checkbox"/> Vehicle: Keep your motor vehicle tanks filled with gasoline	Food Enough for at least up to seven (7) days, non-perishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary needs: <input type="checkbox"/> Non-electric can opener <input type="checkbox"/> Paper plates <input type="checkbox"/> Napkins <input type="checkbox"/> Plastic cups <input type="checkbox"/> Utensils	<input type="checkbox"/> Important phone numbers: Maintain a list of important phone numbers including county emergency management office, evaluation sites, doctors, banks, schools, veterinarian, and a number for out of town contact. Pet care items <input type="checkbox"/> Pet food and water <input type="checkbox"/> Proper identification <input type="checkbox"/> Medical records <input type="checkbox"/> A carrier or cage <input type="checkbox"/> Muzzle and leash <input type="checkbox"/> Water and food bowls <input type="checkbox"/> Medications



Random Acts of Cookies: Our next cookie delivery will be September 11. We will meet at the home of Cathy Hopkins at 10 am to bag the cookies and then deliver them. As always, we will go out to lunch after the delivery.

Members met to stuff backpacks with school supplies for the children at **Home Safe**.



Forgotten Soldiers Outreach: Cathy and Donna delivered our donation of trail mix for August. FSO donation for September will be individual packs of coffee and hot chocolate.



Mommy Bags: Club members donate items to be used for our Mommy Bag project. Members put together 22 bags to be given to returning women veterans at the VA's baby shower held twice a year.



PUBLIC RELATIONS - Linda Ferris

Thanks to everyone who posted on **Facebook** this month. We had great PR for our Mommy Bags Cathy posted and all the Zoo events. Donna posted great pictures on our club's Facebook Discussion Page, so Phyllis could post on the official club FB page. During the entire month, Donna posted all the great Conservation events, using our club's complete name. This month's **Pat on the Back** goes to Donna.



GFWC SPECIAL PROJECT - Domestic Violence Awareness and Prevention- Linda Ferris

Thanks to everyone who brought items for **Grandma's Place** at the meeting tonight. Special thanks to Janet Carlson for delivering the items and shopping for the club's \$40 contribution of needed food and paper products.



The next **Honor Flight** will be Saturday September 21.

At our September 23 meeting, we will have our final collection of new and gently used purses to

give to the ladies at the domestic assault shelter. Please clean them out before bringing to the meeting since we are giving them to the speaker. Our **“Purses With A Purpose”** will make a difference for women at the Harmony House shelter.

LEADERSHIP - Mary Evelyn Mitchell

Thank you for your participation it's Women's Equity Day celebration by dressing in white. Special thanks to Sheila for my voting banner and the proclamation from Gov. Desantis.



Linda Walker was our Leader of the Month



Thanks also for the "Orange you Observant" Who am I participation. Phyllis was our winner for August. Who will it be for September?

Who Am I?

I was the 15th of 17 children born to former slaves. When I was young, I realized that the only difference between a black child and a white child was the ability to read. This became a focus in my life and I eventually established a school for African American students and served as its president. I believed in training women thoroughly and practically and asked white women's organizations to help me with funding for this. I also opened a black hospital in an area when it was desperately needed. I served as an advisor to 5 presidents and had a stamp printed in my name. I always carried a cane not because I needed it but because it gave me "swank". It was once said of me that I affected female helplessness in order to attain my goals with masculine ruthlessness. Who am I?

Fall Board is in Orlando, September 20-22 in Orlando. If you would like to attend, please let me know by September 3.

DISTRICT 10 NEWS

Club members participated in Presidents Council, an annual district meeting for our organization.



Our speaker represented Habitat for Humanity, a project supported by GFWC clubs. The table centerpieces reflected "building up our communities".

Just a reminder that we will be the Host Club for the **District 10 Tour of Officers** on October 28 for dinner and October 29 for the meeting. Many of you have volunteered to be helpers and I know we will all work together to make this a successful event.

DATES TO REMEMBER

Sept 9th- International Dinner

Sept 11th- Random Acts of Cookies

Sept 16th-Board Meeting

Sept 17th- Ladies Day Out

Sept 21st- Honor Flight

Sept 20th-22nd- Fall Board

Sept 23rd- Business Meeting

GFWC Greater

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