

# GFWC GREATER WEST PALM BEACH WOMEN'S CLUB

a member of the General Federation of Women's Clubs

**"Women With a Purpose Make a Difference"**

August 2023

VOL. 23    ISSUE 8



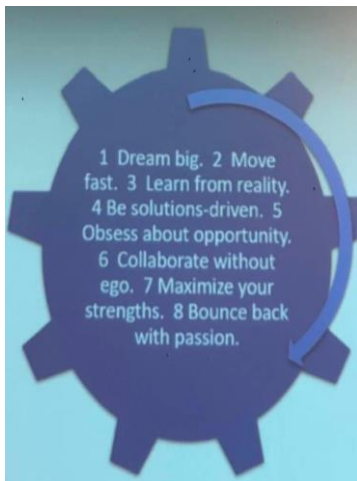
## PRESIDENT'S MESSAGE-

Jean Allen ([jeanallen@gmail.com](mailto:jeanallen@gmail.com))

Well once again we are facing the imminent arrival of a hurricane. Normally I would be out buying water and stocking up on emergency supplies, but this time it is different. I am heading north to spend a week with my son in Wisconsin and visit some friends and maybe even get some quiet time. So, gather get your hurricane shutters ready and find a good book, have the flashlights handy and I will see you all on the flipside.

In federation Love

Jean



## CORRESPONDING SECRETARY-

Mary Evelyn Mitchell

([FACSmem@gmail.com](mailto:FACSmem@gmail.com))

We received thank you notes from the VA for the donation of 38 lap robes, Belle Glade Initiatives for the donation of 400 pairs of sneakers, the Palm Beach Zoo for the snack donations, and the City of Greenacres for participating in the Ignite the Night event.

## TREASURER- Janet Carlson

([janet33467@gmail.com](mailto:janet33467@gmail.com))

Just an FYI to CPS & Domestic Violence Prevention chairs... the \$500 that is now in your budget, please spend by end of December. If you would like to make donations, please email me all the information so I can do on line. If you are going to purchase anything, please keep your receipts and give to me ASAP. If you need the tax ID certificate, please let me know.

## MEMBERSHIP

Suzan Close & Cathy Hopkins

([sewclose@comcast.net](mailto:sewclose@comcast.net) &  
[cathyahopkins23@gmail.com](mailto:cathyahopkins23@gmail.com))

Well, summer is at an end and fall is beginning. Labor Day is upon us and as usual for September it ushers in hurricanes! Florida always seems to have a hurricane right around Labor Day. I don't think we will have a break in the hot weather though, until October. The August 8<sup>th</sup> Park Outing was attended by 9 people who braved the hot temperature.

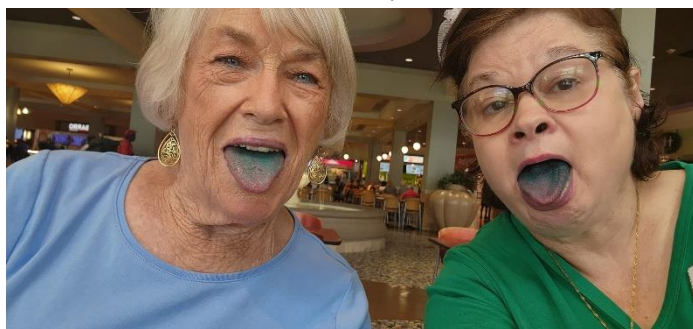
Our next **Park Gathering will be September 12** at Samuel J Ferreri Park at 9:00 am. Bring any item(s) you might have for the projects, lounge chairs, and drink.

Our August 24 Mall Coffee had 17 members and 3 guests. We are celebrating birthdays at the Mall coffee with cupcakes, so if it is your birthday, please come.

The Birthday Girls!



Beware of the blue cupcakes!



The next Mall coffee is September 28 at the Wellington Green Mall at 12:00 pm. Hope you can join us and bring your friends.

## Tea Pot

The August Teapot was celebrated by Suzan Close, Averil Carroll, and Cathy Hopkins at Longhorns. We had a wonderful visit and Averil spoke to us about her working in the Bahamas and her travels.



**Septembers Teapot** names are Linda Vaillancourt, Mary Evelyn Mitchell, Sharon Bounds, and Janet Carlson.

**The Casino Luncheon** on August 14 was attended by 8 members. We had a very nice lunch and then split up and played the slots.



We are sorry to announce that the Membership Tea in October has been postponed until January.

The Holiday Party is December 12. More info will be given as the date gets closer. This is for our members, no husbands, or guests.

A movie day was introduced for August 28 to see "Sound of Freedom". Three members and 2 guests attended the movie.

We were excited to have **4 new members at the New Member Initiation**. Please welcome Rona Eagle, Linda English, Donna Elliott, and Janet Portnow to the club.



## September Birthdays

16-Gay Alexin  
18-Fran Green  
19-Averil Carroll  
26-Mary Evelyn Mithell  
30-Shakearah Rolle

## September Anniversaries

3-Barb and Rick Burdett  
6-Donna & Sandy Cohen  
25-Janet & Dan Carlson

Please, everyone, begin to prepare for the hurricane season so you aren't caught without water, batteries, and food. Prepare your homes as well.



## FUNDRAISING- JeffAnne Pike

[japFSU@aol.com](mailto:japFSU@aol.com)

**We played Bingo on August 8.**

We had 11 members and two boosters playing. The winners for the evening were: Debbie Still won two games, Linda Ferris and Cathy Hopkins each won a game and Fran Green won the final coverall game.



**Bingo** will resume in October.

## Fashion Show

**Save the Date April 27, 2024**



The theme for this year's Fashion Show will be **Tiara's and Tuxedos**

Colors will be black and gold—baskets will have gold ribbons

Centerpieces will be a non-alcoholic bottle of sparkling cider wearing a tuxedo, with a rose and small tiara.

Flyers will be available at a later time.

Please start collecting items for baskets and door prizes.

Begin thinking about businesses that would be willing to support us with an in-kind or monetary donation.

## Credit Card Round-up program

You choose a credit card you use frequently within a month's period of time. When you charge a purchase, the program will automatically round up the amount.

Each month the club will receive that money as donation.

To sign up go to:

<https://give.altruist.dev>

\*\*Click on Give to A Cause

\*\*Type in GFWC Greater West Palm Beach Women's Club

\*\* Create a Log-in

\*\* Follow instructions on entering your credit card information.

\*\*Select minimum amount

\*\*Use your card anywhere and it will automatically keep track

**Please give JeffAnne a call, text or email if you have any questions.**

## 50/50- Donna Marie Elliott

Our 50/50 will resume at our monthly business meetings! Tickets will be sold at 3 for \$1.00. Donna Marie Elliott will be selling the tickets before the meeting. Exact dollar amount would be appreciated! The fortunate winning ticket will be drawn at the conclusion of the meeting.

We are doing this with the condition that the winner KEEPS the money and doesn't donate it back to the club. Otherwise, it just like passing the plate!

Money raised will be used to offset members expenses for attending events.

Good luck to all!!!



**ARTS & CULTURE-** Phyllis Gauger &  
Liz Bloeser ([REGUAG@aol.com](mailto:REGUAG@aol.com) &  
[fauowl1975@aol.com](mailto:fauowl1975@aol.com))

## EPICUREAN EATS

On August 17, we had 23 (13 members and 10 guests) join us at Hurricane Grille for Epicurean Eats. It was especially nice because we had a separate room all to ourselves.





Our September Epicurean Eats adventure will have an Italian flair. It will take place on Thursday, September 21, at 6 PM at the Olive Garden in Greenacres. It is located at 5801 Lake Worth Rd. If you plan to attend, please RSVP to Phyllis by Monday, September 18.

Family and friends are welcome. We look forward to seeing you there!



## CIVIC ENGAGEMENT & OUTREACH-

Doris Lofink-McArthur & Mickey Poceous ([lohmcArthur@aol.com](mailto:lohmcArthur@aol.com) & [mickey8648@aol.com](mailto:mickey8648@aol.com))

Received this from the Food Bank-  
JeffAnne Pike



## Day of 100,000 Meals - Wednesday, September 27, 2023 9:00 a.m. - 4:00 p.m.

Dear Volunteers,

Join the Palm Beach County Food Bank for its Inaugural "Day of 100,000 Meals" volunteer packing event to help alleviate hunger in Palm Beach County.

Your help is needed to pack bags of pasta which will be distributed throughout Palm Beach County by our partner agencies, supporting our Childhood Hunger Initiatives programs, individual families, seniors and veterans struggling with food insecurity.

**WHEN:** Wednesday, September 27, 2023

**ALL DAY - FROM:** 9:00 am – 4:00 pm

**WHERE:** The Breakers Hotel – 1 South County Road, Palm Beach

To register for the 100,000 Meals Volunteer Event at the Breakers, please visit our website at [www.pbcfoodbank.org](http://www.pbcfoodbank.org).

- Click on the "Take Action" tab and select "Volunteer"
- Scroll down to Individual Opportunities and click on "Volunteer Signup"
- You will be directed to VolunteerHub
- Scroll down and select September 27, 2023 - Day of 100,000 Meals - Pasta Pack-A-Thon
- Sign up

**Be a Hunger Hero and sign up today!**

Gay and I have already signed up—there are 40+ slots left if anyone would like to join us!  
JeffAnne

## VA

Mickey and Doris delivered lap robes to cancer patients at the VA hospital.



**ENVIRONMENT- Donna Cohen**

**[\(222donna222@gmail.com\)](mailto:222donna222@gmail.com)**

The succulent workshop was very productive and everyone left with a beautiful planter. Peggy educated us on all thing succulents including ongoing care.



## Forgotten Soldiers Outreach

Please continue to collect food item, hygiene items and socks for the FSO organization. We are planning on making a donation at 12noon on Wednesday September 13<sup>th</sup>. Please let Mickey or Doris know if you plan on attending. You can bring items to donate to the park outing.

## Honor Flight

**SOUTHEAST FLORIDA HONOR FLIGHT  
OPERATION HOMECOMING**

**Sept. 16th** *Honor Flight*

Concourses A B



**Palm Beach International Airport  
8:20 p.m.**

**Come, say thank you in person, and be  
part of a very special homecoming.**



[www.honorflightsefl.org](http://www.honorflightsefl.org)







We also discussed our next workshop....Moss Balls! We will meet Thursday September 14<sup>th</sup>, 10am at Peggy's house. Please RSVP to Peggy ( 561-385-7455), ASAP as space is limited.



Bring donations for Resource Depot and Soles4souls to the park outing and club meeting in November.

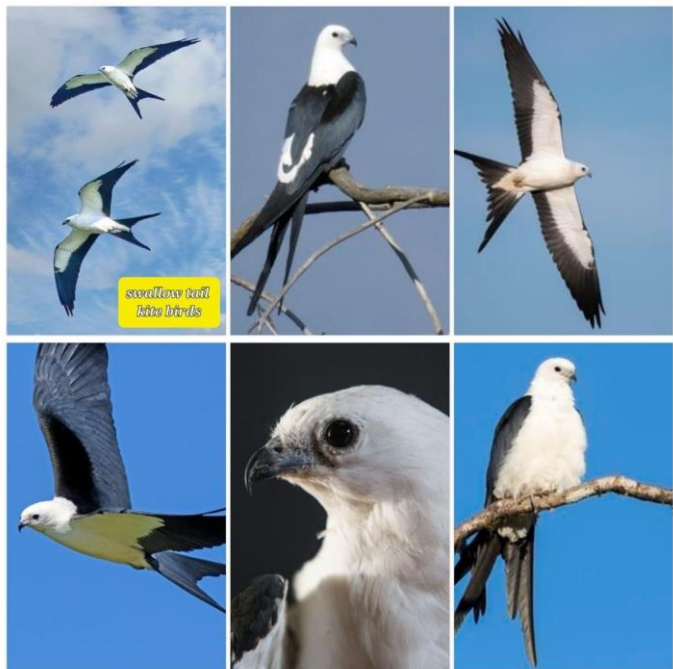
Bring donations for PBCACC to the park outing and club meeting in September.

Janet Oliver and Sue Kunda made donation of empty pill bottles to Big Dog Ranch.



### Counting Kites

2023 was a Very successful tracking season and all our monitored Kites are on their way back to South America. Final numbers are pending.



Upcoming events:

Field Trip to Smarty Plants, Friday October 13th  
9:30



## EDUCATION & LIBRARIES-

Cindy Jones ([cindyACWC@gmail.com](mailto:cindyACWC@gmail.com))

### Little Free Libraries

Perpetual book drive: books in good shape, not torn or musty, are accepted for Lake Worth and Greenacres Little Free Libraries. Please give to Cindy.

Lake Worth Little Free Libraries: Fridays: clean and put new books in the LFL's. Time is negotiable. Please contact Cindy:

[CindyACWC@gmail.com](mailto:CindyACWC@gmail.com)

LFL Stewards Mary Lou and Cindy make weekly deliveries checking on the libraries. It's always a surprise to find items left in them.





**HEALTH & WELLNESS- Meg  
America ([meg9988@gmail.com](mailto:meg9988@gmail.com))**

Many things are very important for good health. There's exercise, sleep, friends and family, and, of course, good nutrition. Having good nutrition is not very difficult. It consists of vegetables, fruit, whole grains, protein, and dairy. Variety is very important. Make sure your vegetables are colorful. Orange, green, red, and even purple. Don't just stick with bananas and apples. Try new and different fruits that you can find at the store. Grains can be found in brown rice, corn, whole wheat, and quinoa. Don't just look to beef for protein. Beans and legumes are a good source, along with fish and peanut butter (not together). And don't forget the dairy. Make your plate colorful and Bon Appetit!

Save the date:

**October 3<sup>rd</sup>**, we will serve dinner for the residents at **Quantum House**. We are lucky to be given money to provide food for the guests. We will need 10 cooks. We will keep the same menu we use each time since the families enjoy the regular food we cook.



**PUBLIC RELATIONS - Linda Ferris  
([lindaferri7@gmail.com](mailto:lindaferri7@gmail.com))**

Public Relations and Communications encompasses almost everything our club does.

**Elevator speech:** Since we have new members, I wanted to ask you to have an "elevator speech," ready when you meet a woman at your hair or nail salon, etc., who

### September 21, 2023:

We will meet at 10:00 am, to make art for kids, at Peggy's house. These projects will be placed in the Lake Worth's Little Art Galleries for children to take and hopefully get interested in the arts.

Please RSVP by September 19th to:  
[CindyACWC@gmail.com](mailto:CindyACWC@gmail.com)

### Save the Date

October 9, 2023: meet at 9:45 am at Hispanic Human Resource Center to read to our 2 pre-school classes. We need 6 volunteers. Please email Cindy at [CindyACWC@gmail.com](mailto:CindyACWC@gmail.com) if you would like to volunteer.



**ESO- Suzanne Valentage**

Please continue to read and keep track of the books you have read.

might be interested in joining our club. It should go something like this:

"Hi, My name is Linda, and I'm a member of the GFWC Greater West Palm Beach Women's Club. We do community service, and my favorite project is helping abused and neglected children. Would you like to come to a club event to learn more?"

Or maybe your favorite project is helping veterans, environment, domestic assault shelters, soldiers, school, etc. You get the idea. It should be short, thus the name "Elevator Speech."

### **GFWC Florida Clubwoman weekly email.**

I have submitted lots of photos and information about our club, coming up with some "hook" to attract readers each week. Since our July 24 club meeting, our club has been featured each week, including:

**July 31:** Club's donation to Grandma's Place, of food, paper products and \$25 gift card. We had 5 members in the photo.

**Aug 7:** Board and Brush, Art projects, showing us having fun as well as learning about art. Many members were included in the photo.

**Aug. 14:** Home Safe school items donation and ice cream, with several members and two from Home Safe.

**Aug. 21:** colorful Lap robes to VA , made by Doris, and delivered by Doris and Mickey.

**Aug. 28:** Cute selfie of Cindy and Mary Lou filling a Little Free Library in Lake Worth.

We are on a roll, with our club included each week for past 12 weeks. Please continue to text photos and info to me to submit.

**To the new members:** please subscribe to the weekly GFWC Florida Clubwoman email that has info from state officers and state chairman, as well as projects from clubs around the state. You may get an idea for a project our club could do. To register for the weekly email, go on [GFWCFlorida.org](http://GFWCFlorida.org) website. It's at the bottom right of the Home Page.

**GFWC Florida Emblematic items** are sold at Fall Board: We can purchase GFWC items, such as tote bags, notebooks, pens, etc.

**GFWC Florida SHIRTS** are sold at Fall Boardd.

They will offer GFWC Florida purple sparkle shirts some members were interested in getting.

I put the info with photos on our club's Facebook Discussion page. They are \$35. At the last meeting, some members expressed interest in these shirts. They are similar to the one I had on at the August meeting.

They will also offer a new black, short sleeve, saying "GFWC Florida" on left side of front of the shirt, and the shirt back says "Serve, with pride, Lead with confidence, Inspire to impact lives." They are all cotton, and say do not put in dryer. They have all sizes but usually sell out.

If you want me to try to get one for you at Fall Board, send me an email. You can write a check to "GFWC Florida."

If you want a shirt, you can bring a \$35 (purple) or \$25 (black) check payable to GFWC Florida to the Sept. 12<sup>th</sup> Park outing.



## Fall Board 2023 HQ Table

### GFWC Florida Bling Shirt

\*Back by Popular Demand\*  
Only Available at Fall Board



**\$35.00** available in sizes  
S, M, L, XL, 1XL, 2XL, 3XL  
Color: Purple

### GFWC Florida Serve, Lead, Inspire

available in sizes  
S, M, L, XL, 1XL, 2XL, 3XL  
Color: Black



**\*\*NEW\*\***  
Only Available at Fall Board

**Facebook:** I encourage you to continue to use social media to attract new members, as well as advertise the great projects our club is doing. We had some fun posts in August, especially

from the Board and Brush that showed our club has fun while learning art projects, and Little Free Libraries, VA lap robes, Epicurean Eats, mall outing and more. Keep our club's FB Discussion page for club information since it's not a public page, but closed to members only. Refrain from posting jokes etc. on our Discussion page. Your personal FB page is the platform for funny things you want to share.

**Pat on the Back:** Goes to two members who sent separate photos to me for Clubwoman email, and posted info about our club on FB. Pat on the Back goes to JeffAnne and Phyllis.



## GFWC SPECIAL PROGRAM- Domestic Violence Awareness and Prevention- Linda Ferris ([lindaferriis7@gmail.com](mailto:lindaferriis7@gmail.com))

**Welcome** to new committee member Janet Portnow! Shakearah, Debbie Still, and Deb McCoy are happy you joined our committee. Mary Lou has changed from our committee to help Cindy with Education.

**Dress for Success.** Thanks to Mickey and Mary Lou for offering to help with this "Pop Up Sale," at their main office: Address: 2459 S. Congress Ave., Suite 204, Palm Springs. Sept. 7<sup>th</sup> through Sept. 9<sup>th</sup>. On Thursday, Sept. 7<sup>th</sup>, is VIP and cost \$50, but it's free admission 11—7 Friday, Sept. 8<sup>th</sup>, and 10 a.m. to 5 p.m. Saturday, Sept. 9<sup>th</sup>. Not open on Sunday. Support them and shop for a bargain. Prices start at \$5 and most are under \$25. Most of the items are new.

SHOP For Success	
SALE PRICING	
\$ 5	JEWELRY, T-SHIRTS, SCARVES, WALLET, BELTS, HATS & SUNGLASSES
\$ 10	TOPS, PANTS, SKIRTS, SWEATERS, SHOES & HANDBAGS
\$ 15	DRESSES & JACKETS/BLAZERS
\$ 20	SUITS & OUTERWEAR
DESIGNER PRICING	
\$ 35	DESIGNER CLOTHING, SHOES & HANDBAGS
\$ 15	DESIGNER SCARVES
\$ 10	DESIGNER WALLETS
Price As Marked	BETTER JEWELRY
COUTURE PRICING	
\$ 35	COUTURE PANTS & SKIRTS
\$ 50	COUTURE TOPS & SWEATERS
\$ 75	COUTURE DRESSES & JACKETS/BLAZERS
\$ 100	COUTURE SUITS & SHOES
\$ 150	COUTURE OUTERWEAR

**A little background:** Dress for Success gives ladies returning to the work force free clothing, including shoes, purses, jewelry and makeup. They had 22 women just complete the "Road to Success," program, a 6-week readiness work program. Next one starts Oct. 4.

They have an office in Belle Glade.

They had a "Teacher Appreciation Shop Experience," and gave a free outfit to 160 teachers in August.

**Pajamas:** We are collecting NEW pjs for Children in three local domestic assault shelters. Some members like to support our club projects with donations, but this is not required as a member. All our donations are optional. We sometimes forget to say this. We will be purchasing \$200 worth of pjs with club funds. I have been looking for summer clearance PJs to get the most for our money. If you find a bargain, let me know.

Thank you to those members who brought PJs to the Aug. 8<sup>th</sup> Park outing, and club meeting. We are collecting sizes 2T, 3T, 4T, 5T, and 3, 4, 5, 6, 7 children's sizes, both boys and girls, but NO nightgowns, No infant sizes. We will

continue to collect pjs at the Sept. 12 park outing, and Sept. 25 club meeting.

### **Grandma's Place Basket donation.**

For new members, Grandma's Place is a temp and overnight shelter for abused and neglected children, birth to age 12. They offer "respite care" so caregivers can get away for the day. I talked with JeffAnne about our club donating a basket for their upcoming luncheon and auction fundraiser. She came up with this wonderful basket to donate to them! She brought it to the meeting so you could see it. I made a motion under new business to reimburse her \$75 for the basket items. If you are interested in attending Grandma's Place fundraiser in November, tickets are \$200 each, and available on their Website.



**"Purses with a Purpose,"** is a project to help the ladies in our local domestic assault shelter. We are collecting new and gently used purses, along with wallets, etc., for Domestic Assault Awareness and Prevention Month. Sometimes a woman leaves an abusive home without a purse. Our donation may bring a smile on their face. We will collect the purses at the Sept. 12 park, and Sept. 25 club meeting. Thank you to

the members and guests who brought purses this month. We collected more than 30 at the August meeting.

### **Human Trafficking Prevention and Awareness:**

I urge you to see "The Sound of Freedom," with Jim Caviezel. This movie is based on the true story of DEA agent who rescues trafficked children. It shows how they manipulate parents and the end of the movie shows real footage of the actual officers who rescues children. It's currently playing at Wellington Mall and Movies of Lake Worth, on LW Road, but not at Regal in Royal Palm Beach. Thanks to Suzan for planning a membership club outing to see this movie on Aug. 29.

**Free the Girls:** Linda Walker will continue to collect new and slightly used bras and Cami's through December. She delivered 111 bras and 1 Cami after the club meeting, with the assistance of Suzanne and Janet.





**LEADERSHIP- Jean Allen**

**([jeanallen@gmail.com](mailto:jeanallen@gmail.com))**

## **National Day of Service**

New members, perspective members and general club members are all welcome to participate going to the soup kitchen on Sept 7<sup>th</sup> at 10 am bring rice and oil if you can.

The address is

8645 Boynton Beach Blvd

Boynton Beach Fl 33472

We are to meet in the back of the building by the double doors People will come out to help us bring our items in They will also give us a tour, while they are feeding people. We are also bringing the milk for the meals on wheels. If you have any questions call MaryLou Samaras 912 655 1815

Thanks to all of you



## **Leadership Training for Club CSP Chairmen & Teams**

**Wednesday Sept. 6th, 2023 - 7 pm**



## **GFWC Florida Webinar Series 2023-2024** **Hosted by Communications/PR,** **Membership & Leadership Committees**



**SEPT. 6** **7PM ET: LEADERSHIP**  
 Leadership training for club CSP Chairmen; how to utilize support available from GFWC Florida & GFWC  
 Presented By: Leadership Committee

**JAN. 3** **7PM ET: REPORTING**  
 Tips for tracking reporting data and sharing impact-driven accomplishments; review GFWC & GFWC Florida reporting due dates  
 Presented By: First Vice President Dara Bergdoll

**OCT. 5** **7PM ET: MEMBERSHIP**  
 How to encourage member participation in committees and new projects  
 Presented By: Membership Committee

**FEB. 7** **7PM ET: WEBSITE DESIGN**  
 How to build a free website using several popular website builders  
 Presented By: Communication & PR Committee

**NOV. 1** **7PM ET: TECH TIPS: QR CODES & TECH SOUP**  
 How to create a QR code and how to utilize discounts available from Tech Soup  
 Presented By: Communication & PR Committee

**MAR. 7** **7PM ET: STEPPING INTO LEADERSHIP**  
 Stepping into Leadership  
 Presented By: Leadership Committee

**DEC. 14** **7PM ET: FUNDRAISING**  
 Fundraising ideas and tips from successful club events  
 Presented By: Fundraising Chairman Metris Batts

**MAR. 26** **7PM ET: BYLAWS AND STANDING RULES**  
 Bylaws and Standing Rules guidance for clubs  
 Presented By: Kelly Holmes, Teddy Hulse, Dara Bergdoll, Shannon Bailey

**September 21<sup>st</sup>- Epicurean Eats- Olive Garden, Lake Worth Rd- 6pm**  
**September 22<sup>nd</sup>-24<sup>th</sup>- Fall Board**  
**September 25<sup>th</sup>- Business Meeting 10am**  
**September 27<sup>th</sup>- Food Bank @The Breakers 9am-4pm**  
**September 28<sup>th</sup>- Mall Gathering 12noon**

Meg and Jean attended Leadership Class

### **Camp Boggy Creek:**

As always, we accept used sneakers for recycling. All funds go to Camp Boggy Creek.

### **DATES TO REMEMBER**

**September 6<sup>th</sup>- GFWC FL Webinar-7pm**

**September 7<sup>th</sup>- Soup Kitchen Delivery 10am**

**September 7<sup>th</sup>-9<sup>th</sup>- Dress for Success Pop Up Sale**

**September 12<sup>th</sup>- Park Outing 9am**

**September 13<sup>th</sup>- FSO Delivery 12 noon**

**September 14<sup>th</sup>- Moss Ball Plant Workshop 10am**

**September 16<sup>th</sup>- Honor Flight 8:20 pm**

**September 18<sup>th</sup>- Board Meeting 10am**

**September 21<sup>st</sup>- Arts Workshop 10 am**

**GFWC Greater  
 West Palm Beach  
 Women's Club**

**PO Box 16311  
 West Palm Beach, FL 33416**

**For more information**

**Contact:**

**JeffAnne Pike  
 561-329-1289**

Like us on Facebook:

**GFWC Greater West Palm Beach Women's Club**

**Visit our webpage:**

**[gfwc-wpbwomensclub.org](http://gfwc-wpbwomensclub.org)**