

GFWC GREATER WEST PALM BEACH WOMEN'S CLUB

a member of the General Federation of Women's Clubs

"Women With a Purpose Make a Difference"

January 2023

VOL. 23 ISSUE 1



PRESIDENT'S MESSAGE-

Jean Allen (jeanallen@gmail.com)

My first thought when I sat down to write this letter was to thank Meg for her leadership over the last two years. I'm sure I will be looking to her for guidance and advice.



We had a great Christmas at my daughter's house in St Augustine, extra special this year my grandson who is in the air force, came for a week.

I am going to be having several visitors from England this year, so my life as tourist guide will be in place this year.

I have also been called for jury duty next week. I am keeping my fingers crossed I get dismissed pretty quick.

I would like to encourage all members to go to the Florida website and sign up for the Monday Club woman email that comes every week. You can sign up for the webinars directly from the club woman.

I noticed for the last few months Meg was doing a count down. I won't start that yet.

Have a great month, let's get working, See you all soon.

In Federation love,
Jean

Women With A Purpose Make A Difference

TREASURER- Janet Carlson

(janet33467@gmail.com)

Dues of \$50.00 are due before March.

Tax Exempt Forms: Ask Janet Carlson for tax exempt certification forms before asking for donations or purchasing supplies.

MEMBERSHIP

Suzan Close & Cathy Hopkins

**(sewclose@comcast.net &
cathyahopkins23@gmail.com)**

Suzan & I are excited about taking over the Membership/1st Vice President Position and hope that we do as good a job as Jean & Sharon.

We are keeping the Park outing at the same time and same place, Samuel J. Ferreri Park on Constitution Dr & Jog Road just North of 10th Ave. The next outing will be Feb. 7th.

The Mall Coffee meeting will stay on the 4th Thursday of the month with a change of time to 12:00 instead of 1:00. The next mall meeting will be Feb 23rd.

We just met at the Mall on Jan 26 and everyone seems to like the time change as we had 17 members and 2 guests.



Our January 10 Park outing was attended by 17 members and 4 guests, Marie McGowan, Barbara Hadsell, Sue Brongiel, Mary Lout Samara, and Mickey Poceous. Members showed off their arts and crafts entries.

Sharon has graciously said that she would continue to send cards to our members.

Suzan will be pulling names before the Feb Business meeting for the Traveling Tea Pot.

January Birthdays
3rd Suzan Close
7th Kathy Stackhouse

January Anniversary
30th Averil & Bill Carroll

February Birthdays are:
3rd Janet Oliver
17th Sue Kunda
25th Janet Carlson
28th Jean Allen

February Anniversary
15th Fran & Gary Green

A special welcome to our new members, Mary Lou Samaras, Mickey Poceous, and Susan Brongiel. They are already active in the club and all will be great assets. Everyone, please introduce yourself to them so they begin placing names with faces. We all remember how we felt trying to remember names and faces so give them a helping hand and reach that hand out to them in friendship!





Thursday, Feb 2, we are going to the movie “A Man Called Otto”, with Tom Hanks. Most of us have read the book so it should be a very good movie. We will meet at 1:30 outside the Lake Worth Phoenix Cinema for the movie time of 1:45.

We are planning to go to Olive Garden for lunch at 12:00. If you would like to attend the lunch, please RSVP either Suzan or myself so we have an accurate count to tell the restaurant.



FUNDRAISING- JeffAnne Pike
[\(japFSU@aol.com\)](mailto:japFSU@aol.com)

Our Fashion Show “Pretty in Pink” on May 6th is off to as great start.

- First and foremost a HUGE thanks to Sharon Bounds who willingly has agreed to turn her house into a fashion show staging area!
- Tickets will be available to hand out at the Park Outing in February
 - Each member will be given 5 tickets to sell.
 - If more are needed just ask

- If you can't sell all 5 just return the unsold ones.
- Return envelope with number of the ticket and who the ticket was so to. Please give to me and I will record name and number and then give to Janet to be deposited.
- We will have flyers printed and will hand out at park outing to those who would like to have one to place in a prominent area.
 - I will send out an email copy so you can send to friends or post on your FB page
- Donation letters will be emailed for you to solicit donations from businesses you frequent. ie: nail salons, hair salons, restaurants, etc
 - We are doing 2 donation letters this year—one for places you solicit and one for businesses for their support with a monetary donation.
- We would like members to help with baskets by securing items for a specific basket or items that can go in a basket.
- Our models will be Jean Allen, Linda Walker, Fran Green, Shakearah Rolle, Mickey Poceous and Sue Brongiel
- Thank you to Meg America and Sue Brongiel for volunteering to wrap door prizes.

Thank you to Suzan Close and Barbara Burdette for volunteering to chair the **BUNCO** committee.

We still need someone to chair the **BINGO** committee. Jean Allen has offered to be the caller but we need a chair. Please let me know if you are interested or need more information about what needs to be done.



ARTS & CULTURE- Phyllis Gauger & Liz Bloeser (Regaug@aol.com & fauowl1975@aol.com)

A Valentine/Birthday Card Class

Thanks to overwhelming demand, there will be two card-making workshops in February, the 6th and the 10th. The workshop on the 6th is full, but there are still some vacancies on the 10th for anyone who didn't have a chance to sign up at the meeting.

Time: 10am- 12pm

Where: Sharon Bounds home
9839 Sun Pointe Dr
Boynton Beach, FL

Sun Valley- no gate

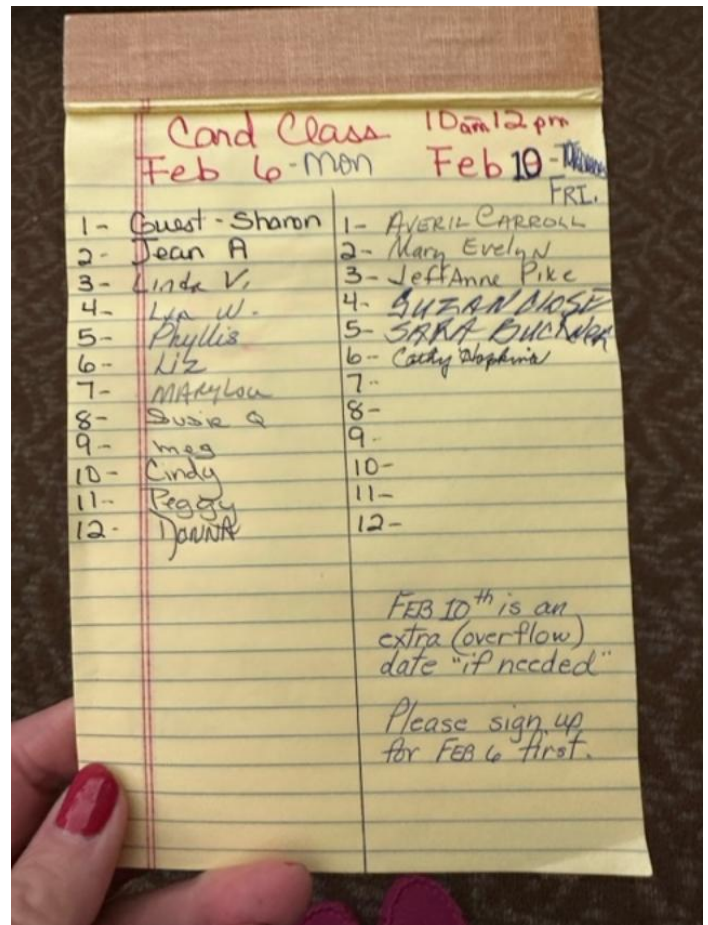
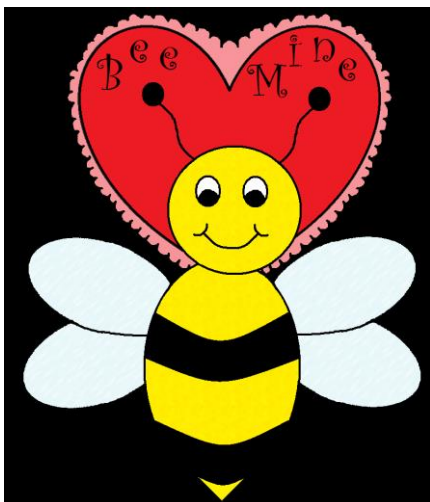
Located off Boynton Beach Blvd and El Clair Ranch Rd

Turn into Sun Valley take 2nd left, 3rd house on Left

This is free!!! 🎉🎉🎉 I am supplying all cards, embellishments, tape etc!! Just a little

THANK YOU for all you do 😘😘😘

♥♥♥. You can bring your lunch or we can go out after the class!!



In recognition of February being Heart Health Month, the first **Epicurean Eats** outing will be held at the Nature's Corner Cafe on February 9th at 1:00 pm. It is located at 2480 Congress Ave. WPB, south of Forest Hill Blvd. The Cafe is known for its farm fresh fare, sources local goods and is allergen and vegan friendly. If you plan to attend, please RSVP to Phyllis no later than Monday, February 6th.

Other events you might be interested in attending:

Feb 18th 6pm Wellington Village Park
Concert showcasing 80's music

Feb 18/19th 10am-5pm Arti Gras

The District 10 Arts and Crafts Meeting will be held on Feb 25th 9:30AM in Vero Beach.

Please let Janet Carlson know ASAP if you will be attending.



CIVIC ENGAGEMENT & OUTREACH-

Doris Lofink-McArthur and

Mickey Poceous

(lohmcArthur@aol.com &

mickey8648@aol.com)

We will continue to collect items monthly for the **Forgotten Soldiers Outreach**. This month we are asking for socks and drink mixes. Please bring these items to the park outing.

The VA Medical Center will hold it's next baby shower where we supply "**Mommy Bags**" for the expectant mothers. We will be collecting items to fill the bags. Items needed include journals, candles, bath items and scrunchies. The next shower will be May 17th.



ENVIRONMENT- Donna Cohen

(222donna222@gmail.com)

At our park outing in February, we will be collecting for delivery to Palm Beach Animal Care and Control (dog, cat food and empty pill bottles). These items will be delivered in February (date tba) please continue to collect and hold future ACC donations until our next delivery.

Please go to resourcedepot.org and view the items they need. We will be scheduling a delivery in March. Please hold until the March park meeting...fyi, they love our paper towel any toilet paper rolls.



Great Backyard Bird Count
February 17-20

Yellow-Bellied Sapsucker! Please go to greatbackyardbirdcount.org and learn about this amazing worldwide program. This is a 4day worldwide project sponsored by the Audubon Society. The information is used in numerous ways by researchers and scientists to better understand the Bird population. It's really a fun and relaxing project. My husband and I look forward to it each year....please join us... if you need any help let me know. Also, if you do participate, let me know.





EDUCATION & LIBRARIES-

Cindy Jones (cindyACWC@gmail.com)

EDUCATION

"Education is not preparation for life; education is life itself" John Dewey.

GFWC MEMBER CENTER

One of the most valuable tools a club woman can utilize is the GFWC website.

If you have not peeked into this treasure trove of knowledge and need directions, I will bring written directions to our next meeting.

ESO

If you are a reader, please consider joining ESO. It's only \$5.00 dollars as long as you remain a member. If you need directions, please contact me.

BOOKS

Please keep bringing your donated books to our meetings and gatherings.

The following books are not accepted: religious books, torn, books with brown/black spots on pages, detached spines.

Linda Ferris gave more than 100 books to Cindy today for the little library and Greenacres Library. They filled her trunk and backseat!



ARTZY recap

This pop up educational event took place at Greenacres City Hall on January 21, 2023. Doreen, Cindy, Annette and Jean gave out new books for children and adults, including coloring books for all! Our club raised \$124.00 for the City of Greenacres, Little Free Libraries.



Scrapbook

Please send your pictures for the 2022 scrapbook to:

CindyACWC@gmail.com by February 28th



HEALTH & WELLNESS- Meg America (meg9988@gmail.com)

Our first plan for this year is a **Health Challenge for 2023**. You decide what will work for you. You also can change what you are doing as the situation changes.

It will get warm, the clocks change, you found a great restaurant etc.

Each month, you will receive a BCC email from us. We are going to ask you if you completed your goal for the month. Please respond Yes, or No. Not responding to Meg, will mean you have not met your goal. That is entered as a NO. A NO is entered as a NO. But, next month, you can change your goal if you want and join us again. Our hope is that everyone says YES at the end of the month. We will celebrate at the Christmas party where you will reveal (if you want) your goals. Keep track of what you are doing since I expect you will change your mind as I do.

Examples: Walking, eating healthier, halving desserts, yoga, swimming, parking at the end of the parking lot, drinking more water, smiling at people and starting a positive conversation, enjoying a good book, not engaging negative people, reading inspirational literature. We are not looking for pounds lost or miles run. We want you to have fun and be healthier.

Our health team: Sharon, Sue, Lyn, and Linda will present healthy information each month.



PUBLIC RELATIONS - Linda Ferris (lindaferri7@gmail.com)

How PR includes you: JeffAnne Pike and Phyllis Gauger are the administrators of our club's official Facebook page. They do a great job keeping our club's name in the social media, putting info about holidays and projects our club supports.

Everyone can post on the club's discussion page, and it's a closed group

Janet Carlson is the Webmaster of our club's Website, and she updates it with photos and newsletters throughout the year. Recently, Janet got an assist from Booster Martin Allen. Check out our website!

JeffAnne does the monthly newsletter which is emailed to all members, guests and many others.

And then you, the members, wear your club shirt and name tag, and are out in the community talking about our club with your family and friends. So technically, everyone is a member of the PR/Communication committee.

As you know, the **GFWC Florida Clubwoman** is emailed each Monday morning, and I hope ALL of you are receiving it. It has info from our state officers, state chairmen, as well as info what clubs are doing.

Our club was included the following weeks:

Dec. 5- Serving the sheriff's department holiday dinner.

Dec. 19, donation to Dress for Success and Free the Girls bra donation

Dec. 26, New books and holiday snacks for our adopted class of 3 year olds at the Hispanic Resource Center Preschool plus the placemat donation for Meals on Wheels.

Jan. 2, Christmas presents to Home Safe girls, mentioning Love Like Lija. Had 3 photos this week.

Jan. 9 - Club's donation of 375 plus pounds to local Food Bank.

You can get project ideas by reading what other clubs are doing in the Florida Clubwoman email.

WEBSITE: GFWCFlorida.org has a member's only section that contains everything you ever wanted to know about Federation. You can also click on all the Webinars that have been presented since 2020, as well as sign up for new ones each month.

Facebook— We had lots of photos in December of club donations, and I thank everyone. January was low since we're just planning our projects. I hope we can remember to use hashtags when posting, such as #WeAreGFWC or #GFWCFlorida. I used one for #Wearblueday

Pat on the Back this month goes to JeffAnne and Phyllis for posting events, on our club's official Facebook page, as well as informing us about events on our club's Discussion page.



GFWC SPECIAL PROGRAM- Domestic Violence Awareness and Prevention-
Linda Ferris (lindaferri7@gmail.com)

Thanks to Shakearah, Debbie and Deb for continuing to serve on this committee in 2023. We invite other members to join our committee this year.

AVDA Race recap At 6 a.m. on a very cold Jan. 14 morning, one club member and one Booster

joined other volunteers at the 5K race at John Prince Park to raise money for Aid to Victims of Domestic Assault. There were more than 220 runners who braved the wind and 40 degree temp. They are planning another fundraising race later in the year.

Human Trafficking: Wear Blue

January is Human Trafficking Awareness Month, and we were asked to "Wear Blue" on Jan. 11 for Human Trafficking Awareness Day. We had 20 members and 2 guests Wear Blue at the park, where we took photos, and posted them on Facebook page, and the club's official Facebook page, as well as member's personal pages.



Linda attended a Human Trafficking Film and panel discussion earlier this month, and passed out a handout from the Human Trafficking Coalition of the Palm Beaches. Please read it.



I hope some of you attended the Human Trafficking Webinar Jan. 24, called Hidden in Plain Sight, that Shakearah posted on the club's FB page on Human Trafficking.

At the February meeting, we will discuss some of the projects the Domestic Assault Prevention and Awareness hopes to do this year. Human Trafficking projects come under this division.

LEADERSHIP- Jean Allen

[\(jeanallen@gmail.com\)](mailto:jeanallen@gmail.com)

The first board meeting and the first business meeting are over. I think we did really well at the business meeting as we had a lot to talk about. The budget was approved. Every chair introduced their projects for the year, and there is a lot.

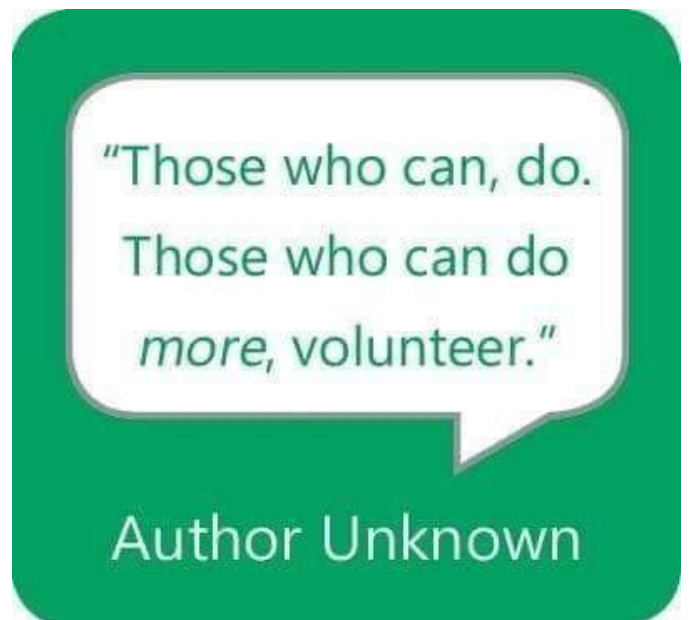
Our reports are done. Thank you to everyone who helped get this done and a special thank you to JeffAnne for putting them all together.

The next district meeting is February 25th in Vero beach this is also the arts and crafts competition.

The next webinar is on **February 1st** and the topic is: **Orientation and Federation**. It would be great to have a strong representation. Sign up at the website.

Please send me your event dates so that I can keep and up to date calendar.

I think we have hit the ground running so let's keep going.



DATES TO REMEMBER

February 1st- GFWC Florida Webinar
February 2nd- Movie and lunch
February 6th- Card Making Class
February 7th- Park Outing
February 9th- Epicurean Eats lunch
February 10th Card Making Class
February 17th-20th- Bird Count
February 18th - Wellington Village Park
Concert
February 18th /19th - Arti Gras
February 20th - Board Meeting
February 23rd- Coffee at the Mall
February 25th GFWC District Arts &
Crafts Meeting
February 27th Business Meeting

**GFWC Greater
West Palm Beach
Women's Club
PO Box 16311
West Palm Beach, FL 33416**

For more information

Contact:

JeffAnne Pike

561-329-1289

japFSU@aol.com

Like us on Facebook:

**GFWC Greater West Palm
Beach Women's Club**

Visit our webpage:

gfwc-wpbwomensclub.org