

GFWC GREATER WEST PALM BEACH WOMEN'S CLUB

a member of the General Federation of Women's Clubs

"Women With a Purpose Make a Difference"

January 2023

VOL. 23 ISSUE 1



PRESIDENT'S MESSAGE-

Jean Allen (jeanallen@gmail.com)

Our Mission Statement:

The purpose of our club is to give aid to worthy objectives, to promote civic municipal improvement, to train and educate members for leadership in the community, and for development of women for future club work. We are a diverse group of women with common interests, such as volunteering our time and talents to help those less fortunate than ourselves. It is through the variety of our life experiences, unique abilities and personalities that we achieve great things. We receive satisfaction as we learn from one another, as well as have fun.

CORRESPONDING SECRETARY-

Mary Evelyn Mitchell

(FACSmem@gmail.com)

We received thank you notes, for our donations, from the following organizations:
UNICEF

VA Center
Quantum House
Animal Care and Control
Naples Women's Club

The **guest speaker** at our business meeting was our own Linda Ferris. Her topic entitled "Let us Look at Federation" answered member questions and gave us information about GFWC.



MEMBERSHIP

Suzan Close & Cathy Hopkins

sewclose@comcast.net &
cathyahopkins23@gmail.com

The February club outing at the park was well attended.



The next **Park Gathering** will be **April 11th** at the Samuel J. Ferrari Community Park on Jog Road and Constitution Dr. The gathering starts at 9:00 and brunch/lunch usually follows. Make sure you bring a chair & drink with you and dress comfortably.

Traveling Tea Pot

Karen Leach, Lyn Williams, Shakearah Rolle and Fran Green met for lunch at Chicken Salad Chick and enjoyed a nice meal and conversation. Fran was also able to secure a \$100 donation for our fashion show!!



March Mall Outing



The next **Coffee at the mall** will be held on **April 27th**. Meet at 12 noon at the Wellington Green Mall

April Birthdays

2nd Mickey Poceous
13th Karen Leach
16th Suzanne Valentage

April Anniversary

14th Cathy & Bill Hopkins—51 years!

SAVE THE DATE:

May 27th – Annual Club Picnic



FUNDRAISING- JeffAnne Pike

japFSU@aol.com

BINGO

We had a fun Bingo fundraiser in February with 12 members and 2 Boosters playing. Both Boosters each won a game!

Our next **Virtual Bingo** will be held April 11th at 7pm via Zoom. Please see Sharon at the park outing for tickets.

BUNCO

Bunco was held at the home of Rick & Barbara Burdette on March 18th. It was exciting to be able to get together again for the Potluck Dinner and Bunco Fundraiser. It has been at least 2 years since the last time.

We had 15 members, 1 guest & 10 boosters to attend. The food was all delicious and we had a wonderful time socializing and playing Bunco. We made \$240 while having a fun night out.

We have to thank Barbara & Rick for providing a perfect place to have Bunco. The weather was perfect, and we hope to it again soon!



FASHION SHOW- May 6th

THANK YOU to you all! Our Fashion Show is going to be AWESOME!

We have distributed 170 tickets—15 more than last year, so we are technically SOLD OUT! If you still have money to turn in or tickets to return, please bring to the park outing. I need an actual count by April 20th to give to the Fountains CC.

We have 2 quilts for an opportunity drawing-- tickets \$10.00 each.





ARTS & CULTURE- Phyllis Gauger &
Liz Bloeser (REGUAG@aol.com &
fauowl1975@aol.com)

Our March Epicurean Eats was at Paddy Mac's. We had 16 members and 8 boosters attend. We were even serenaded to Danny Boy by our waiter, Liam!

Thanks to one of our Boosters, Bill Pike, we have a 12 ft. boat for an opportunity drawing—tickets \$25.00.



Spend \$100.00 and receive an extra ticket for either the quilt or the boat.

We are busy putting together baskets, so if you have anything to donate the last day for donations will be April 11th at the park.

Thank you all who signed up to help work the show. We still need 50/50 ticket sellers, and boat drawing sellers. If you are able to help, please let me know.

The Epicurean Eats outing for April will follow an Easter theme. We have chosen Eggscetera Cafe (get it, like Easter eggs!) as our destination. Eggscetera Cafe is located at 6346 Lantana Road in Lake Worth. They offer many different choices of food and their lunch menu includes burgers, sandwich boards, ocean favorites, plus many more dishes.

We are going to meet on **Thursday, April 13** at 11:30 AM. Please respond to Phyllis no later than Monday, April 10 if you plan to attend. We look forward to seeing you there.





CIVIC ENGAGEMENT & OUTREACH-

Doris Lofink-McArthur & Mickey Poceous (lohmcArthur@aol.com & mickey8648@aol.com)

A donation of craft items and a gift certificate for a pizza party was made to the girls at HomeSafe.



Members dropped off items to be used for the We Care packages.



A donation of 17 lap blankets, made by Doris, was delivered to the VA Medical Center.



Forgotten Soldiers Outreach

JeffAnne received a thank you note from two of the soldiers that received a We Care package that we filled in October. Jay (no other information) sent us a nice thank you note, while Brittany sent us a note with the following information. She is a 33-year-old soldier from North Dakota. She has been serving our country for 8 years. Brittany would LOVE to receive mail from us. So, if you are inclined to do so her information is:

Sgt. Brittany Ragan
191 MP Co
APO, AE, 09330

We will be filling 50 "Mommy Bags" for the May Baby Shower for pregnant Veterans. Notebooks and hand creams are needed.

HONOR FLIGHT

The **Honor Flight** will arrive at PBI on Saturday, **April 15th**. Please plan on arriving about 6:30 to greet the returning veterans.
Flight Returning PBIA AT 7:20PM

Save The Date for the next Honor Flight:
Saturday - May 27, 2023
Returning PBIA AT 8:20PM



ENVIRONMENT- Donna Cohen
(222donna222@gmail.com)

Big thank you to Linda Walker for making our club donation to the Resource Depot. You ladies did it again, thanks for helping to make waste to wonders!



EDUCATION & LIBRARIES-

Cindy Jones (cindyACWC@gmail.com)

April 8th- City of Greenacres Eggstravanza will be held from 9am-1pm. Please let Cindy know if you will be able to participate.

Please continue to collect books for the Little Free Libraries. Cookbooks are especially popular.



HEALTH & WELLNESS- Meg America (meg9988@gmail.com)

Skin Cancer Awareness

Our new member, Sue Brongiel, discussed three primary types of skin cancer. These are: basal cell (the most common and curable), squamous cell and melanoma. Melanoma can be potentially fatal. She explained the difference in SPF regarding the percentage of protection. Sue discussed how important it is to see a dermatologist annually. Sue also stressed the importance of self-screening and what to look for.

Below is a chart explaining the ABCDE's of observation.

A
B
C
D
E

Asymmetry: Moles that have asymmetrical appearance. If you draw a line through this mole, the two halves will not match.



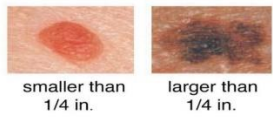
Border: Uneven, scalloped, jagged, or notched borders



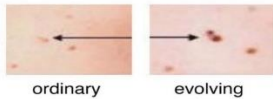
Color: A mole with more than one color.



Diameter: The diameter of the mole is usually larger than a pencil eraser, (1/4 inch or 6 mm). They can be smaller, though.



Evolution: Moles that evolve suddenly in size, shape, color, elevation, crusting, itching, or other traits.



Supporting Quantum House

Jersey Mike's contributed 100% of their sales to Quantum House for all food purchase food on March 29, 2023. Several club members purchased lunch and dinner there to support Quantum House!



The club donated \$250.00 to the Good News Church in Leesburg, FL in memory of Cindy Jones' mom.



PUBLIC RELATIONS - Linda Ferris
(lindaferri7@gmail.com)

Elevator Speech. I heard Cindy using her elevator speech in the parking lot after the February meeting. I heard Suzanne Valentage giving her elevator speech at Paddy Mack club luncheon to a woman who asked about our club. When I asked at the meeting how many members have used their elevator speech since the February meeting, many hands went up! Congrats ladies, keep spreading the news about our club.

GFWC Florida Clubwoman email: Our club was included March 27 with our photo of Boosters supporting our Bunco fundraiser and pot-luck dinner, along with the photo of Boosters joining us for St. Patrick's Day. We were also included March 6 for the crayon donation to Royal Palm Transitional Program. Please read this weekly email because you can get a project idea for our club to do.

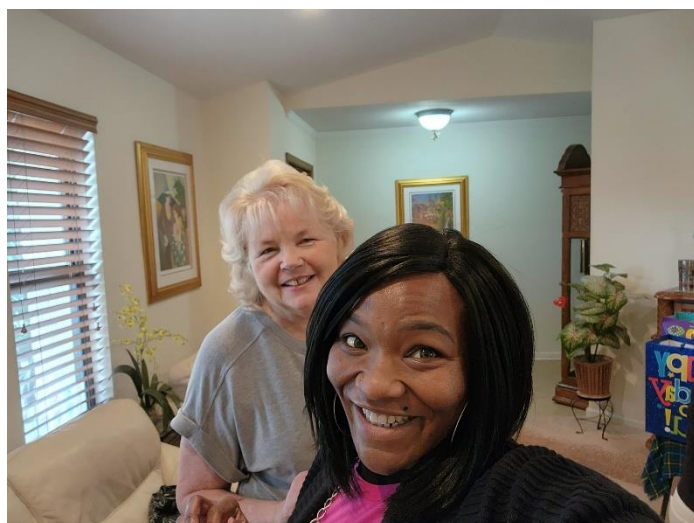
Facebook: I Love how members are remembering to post on Facebook, especially Jean, Karen Leach, Donna, Shakearah, Linda Walker, JeffAnne, and Janet. Social Media is important to getting our club's name in the community. Keep posting. Please remember to use hashtags, such as #WeAreGFWC, #GFWCFlorida

Pat on the Back: Goes to Shakearah, who posted the workshop to pack the birthday bags on Facebook, and she used our club's complete name and hashtags.



GFWC SPECIAL PROGRAM- Domestic Violence Awareness and Prevention- Linda Ferris (lindaferriis7@gmail.com)

Birthday Bags: A big thank you to all members who donated items for the Birthday Bags for the children in the domestic assault shelter. The committee met at Linda's house March 21 to pack the bags we had and see what we needed to purchase to complete other bags. We inserted a new book into each bag, and made sure each bag had a toy/game, birthday plates and napkins and party favors. The extra filler items were diverse and made the bags special. Linda made an Italian lunch, and Bob Still joined us since he brought Debbie since she can't drive right now. We delivered 28 Birthday Bags to the YWCA on March 29 to Shea Spencer, chief Executive Officer, who will pass out the bags to children having birthdays. We took photos for our Facebook page, and Florida Clubwoman email.





Dress for Success Pop-UP Sale is set for April 13-15, at the Dress for Success office, 2459 S. Congress Ave., Suite 204, Palm Springs. It's on the west side of Congress, across from Publix. Hours are 10:30-7:30 pm Friday and 9-6:30 pm Saturday. You don't want to go on April 13 because it will cost you \$50 VIP entrance. If you want a bargain, go on free admission April 14 or 15. We have several members helping with the sale on April 14 and April 15, including Sue Brongiel, MaryLou, Annette Torres and myself. If you are interested in signing up to help, go online dressforsuccespb.org and follow the boxes to sign up for Pop Up Sale.

Human Trafficking/Domestic Assault Prevention Webinar is Wednesday, April 5. You can sign up to attend this free Webinar from 7-8:30 p.m. I urge you to attend if you want to learn about Human Trafficking and ways you can stop Domestic Violence. There will be a discussion about Teen Dating Violence, which is on the rise, and Human Trafficking, which is also on the rise.

DISTRICT 10 NEWS



Come join the Palm Beach Gardens Woman's Club
for a fun picnic

Tuesday April 18th at Mirasol Park

12385 N. Jog Road, PBG
From 11:30 AM to 3:30 PM

You will have a choice of – Italian Combo, Ham & Cheese, Roast Beef or Turkey sandwich and it will come with a small bag of chips, brownies and a drink. Write your choice of sandwich on your check. COST is \$25 RSVP by April 13th

Auction following lunch, cash or checks accepted.

Make the check payable to GFWC Palm Beach Gardens Woman's Club
Send check to Rae Stoddard, 210 Glacier St., PBG, FL 33410 for any questions call Rae at 561-622-6087 or Rae.stoddard@yahoo.com

The next District Meeting will be June 24th at the Casuarina Women's Club in Lantana. More information will be sent vis email.

PERSONALS

Thank you, Meg, for inviting us and preparing a delicious dinner for us!

Love from the report writing committee



For those of you who attended the District Meeting in Vero Beach, below is the recipe for the breakfast casserole everyone was asking about.

GERTRUDE'S BREAKFAST CASSEROLE

For 6-8 diners

Use 8 x 11 baking dish

1) COOK:

1 Cup Quick Grits

4 Cups Water

Dash Of Salt

Add butter

2) MIX together and add on top of

Grits:

6 eggs

1 2/3 Cup Milk

¼ T. Dry Mustard

1 T. Salt

Dash Of Worcestershire Sauce

3) brown 1 LB. SAUSAGE, & CRUMBLE on top of mixture

4) sprinkle 1 2/3 CUP GRATED SHARP CHEESE on top layer:

Grits

Sausage

Eggs

Cheese

STAND OVERNIGHT IN FRIG

COOK 45 MINUTES IN 325 OVEN

DATES TO REMEMBER

April 5th- Webinar Human

Trafficking- 7pm

April 8th- Eggstravanza 9am-1pm

April 11th- Park Outing 9am

April 11th- Virtual Bingo 7pm

April 13th- Epicurean Eats @

Eggscetera Café 11:30am

April 14th-15th- Dress for Success

Pop-up Sale

April 17th- Board Meeting

April 21st-23rd- State Convention

April 24th- Business Meeting 10am

April 27th- Mall Coffee- 12pm

May 6th- FASHION SHOW

GFWC Greater

West Palm Beach

Women's Club

PO Box 16311

West Palm Beach, FL 33416

For more information

Contact:

JeffAnne Pike

561-329-1289

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