

GFWC GREATER WEST PALM BEACH WOMEN'S CLUB

a member of the General Federation of Women's Clubs

"Women With a Purpose Make a Difference"

May 2023

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PRESIDENT'S MESSAGE-

Jean Allen (jeanallen@gmail.com)

Well, what a busy month this has been. I have had our dear friend Pete with us for a month. Having two men in one house is no longer my fantasy, (not that it ever was really). But two men with hearing aids that are not always worn leads to lots of confusion. We had fun in Key West, lots of local destinations and we rode the train to Miami. Pete was sad to leave and we were sad to see him go. I wasn't sad to get my sewing room back.

What a great time we had at the Fashion Show, I should apologize for my extremely noisy table. It wasn't just my girls making the noise Sharon and her friends joined in too. It was fun being a model. Thanks to the committee for working so hard.

Then we celebrated Martin's 70th birthday, best of all we had our three children here and five grandkids. We celebrated for the whole weekend.

Last but not least the club picnic. Good food, Good weather, Good friends. Lots of fun.

Looking forward to starting some new projects when I've had a nap.

Have a great summer.

In Federation Love
Jean

Women with a purpose make a difference

Our next business meeting will be June 26
Our speaker will be discussing Domestic violence shelter-Harmony House.



MEMBERSHIP

Suzan Close & Cathy Hopkins

[\(sewclose@comcast.net](mailto:sewclose@comcast.net) &
[cathyahopkins23@gmail.com\)](mailto:cathyahopkins23@gmail.com)

Club members Debbie Still, Phyllis Gauger, Doreen Lawrence and JeffAnne Pike met at Chicken Salad Chick for lunch and socializing. It was great getting to know more about each other!



Tea Pot names for June

Linda Ferris
Jean Allen
Janet Oliver
Linda Walker

June Birthdays

5th Peggy Breen
16th Barbara Burdette
22nd JeffAnne Pike

June Anniversaries

12th Kathy & Dave Stackhouse
16th JeffAnne & Bill Pike
22nd Linda & Jim Ferris

Park Outing

The **next Park Gathering will be on June 6th**, at the Samuel J. Ferrari Community Park on Jog Road and Constitution Dr. The gathering starts at 9:00 and brunch/lunch usually follows. Make

sure you bring a chair & drink with you and dress comfortably.

Mall Gathering/Coffee

Our next **Mall Coffee** will be June 22, which starts at 12.00 at the Wellington Green Mall food court. We are changing where we meet at the food court, so, just look for us, we will be by the windows towards Charley's.

Club Picnic

Seventeen members, six Boosters and one guest had a fun time at our Annual May Picnic. We had three competitions---putting together a puzzle, pass the marshmallow and a trivia game. Sandwiches were catered from Publix and we also had watermelon and cupcakes. The weather was perfect and we actually had a cool breeze under the pavilion!







We could also like to acknowledge and thank our community supporters.



FUNDRAISING- JeffAnne Pike
japFSU@aol.com

Fashion Show Recap

THANK YOU, THANK YOU, THANK YOU!

We couldn't have done any of this without the entire club supporting us! This was the BEST Fashion show EVER! The club earned \$9,965 with ticket sales, raffle baskets, 50/50, lottery hats, quilts and boat tickets.



Another big thank you to Denise Fleischman from the Town Crier paper for attending the show, taking pictures and getting our event published!



Scenes from the show















BINGO

Our net Virtual Bingo will be held at 7:00pm on Tuesday June 6th.

You can get your cards at the club picnic or park outing.

Tickets are \$5.00 and can be used for all 5 games.



ARTS & CULTURE- Phyllis Gauger & Liz Bloeser (REGUAG@aol.com & fauowl1975@aol.com)

Our May Epicurean Eats was at Casa Tequila in honor of Cinco de Mayo. Nine members, 3 boosters and 1 guest enjoyed good food and fellowship.

June's Epicurean Eats will be on June 14th at 5:30 pm at Longhorn's Steakhouse on Okeechobee and Jog. Please let Phyllis or Liz know by



CIVIC ENGAGEMENT & OUTREACH-

Doris Lofink-McArthur & Mickey Poceous (lohmcArthur@aol.com & mickey8648@aol.com)

Members help assemble the Mommy Bags to be given out to pregnant veterans at the VA.



The Mommy Bags were delivered to the VA center by Mickey and Doris.



Lou and Doris went to the Finnish Nursing Home to deliver **Armed Forces and Memorial Day table decorations**. One lady saw them in the entrance area and immediately wanted one for her table. The others were placed in the dining room as we were unpacking them. In other words, they were a big hit. Thanks, Mickey, for decorating them.



ENVIRONMENT- Donna Cohen
(222donna222@gmail.com)

LAST CALL

At our mall outing on June 22nd, we will have or "Last Call" for donations to PB Animal Care and Control. I will be dropping items off that afternoon.

We renewed the subscription of Kind News for our adopted classroom at Crystal Lakes Elementary School.



Kind News magazine

Kind News™ magazine is an eight-page publication published by RedRover®, a national animal welfare nonprofit organization, that helps children understand and respect animals and think about why treating animals and people with kindness matters. The magazine encourages both empathy and critical thinking in children by celebrating the human-animal bond and helps motivate children to take action to improve the lives of animals.

Kind News uses engaging articles and short features to emphasize issues affecting animals and provide tips for understanding animal behavior and caring for pets. Its appealing design and interactive content help enhance children's enjoyment of reading, as well as spark critical thinking and thoughtful discussion.

Kind News is aligned with national teaching standards and can be easily integrated into school curriculum. The magazine can be ordered for an individual child (individual home subscription) or for a classroom. There are five issues throughout the school year for both home and classroom subscriptions.

Please continue to donate snacks of our Zookeeper. We will be honoring them during National Zookeepers Week...July 17-21. Exact date TB



We are planning a succulent workshop at Peggy house. Details to follow.



EDUCATION & LIBRARIES-

Cindy Jones (cindyACWC@gmail.com)

Back to School Shoes: We are working with the Christopher Aguirre Memorial Foundation to provide new shoes for children in the Glades. Please bring new shoes, child size 8 - adult size 10. Date TBA as to when we will giveaway shoes.

Books: Please continue to donate books for Little Free Libraries around the area.

Thank you, Annette Sohn and Doreen Lawrence, for your stewardship for Greenacres Little Free Libraries. These ladies each give 8 hours a month to make sure books are available to all.



ESO-

What books did you read in May?

Based upon a 5 star rating (5 is best, 1 is never will read again) how would you rate the book(s) you have read this month?



HEALTH & WELLNESS- Meg America (meg9988@gmail.com)

Health Tip for May

May is mental health awareness month. There seems to be more and more issues with mental health, possibly due to the lockdown for several years with Covid. People are having a hard time coping with being kept at home, kept out of schools. now we're just getting back to normal. also, with our children's issues with online bullying. Going on. Our children can become very depressed and feel sad. If you see changes in behavior in your family and your children, please contact your primary physician. keep an open dialogue with your family. make them feel comfortable, discussing anything with you. m. other ways to boost, mental health is in social activities, joining clubs. Sports, getting together with friends. your local library has many activities that can help boost your mental health! book clubs, art programs for all ages, meditation sessions, resources for individual seeking techniques to manage stress and anxiety. Signs and symptoms of mental distress are lack of sleep, lack of appetite, changes in behavior, erratic behavior, loss of interest in activities. Overall sadness. please reach out to friends or family or your primary physician. If you feel this is happening to you or members of your family.



PUBLIC RELATIONS - Linda Ferris
(lindaferri7@gmail.com)

Are you reading your weekly **GFWC Florida Clubwoman** email? Our club was featured several times in May, including our fashion show. Did you get a project idea from reading what other clubs are doing?

Phyllis gets the **Pat on the Back** for May for getting a professional photographer from the Wellington Town Crier at our Fashion Show. What a great spread she gave us! I hope you saw it on Facebook!



GFWC SPECIAL PROGRAM- Domestic Violence Awareness and Prevention-
Linda Ferris (lindaferri7@gmail.com)

You don't want to miss our June 26 club meeting, when Shea Spencer, CEO of YWCA of Palm Beach County, will speak on the Domestic Violence Harmony House shelter. We donate Birthday Bags, new pajamas to the children in the shelter, along with purses in October to the women in the shelter.

GFWC FLORIDA PRESIDENT'S PROJECT- Cindy Jones

We are still collecting USED sneakers to recycle for funds to send a camper to Camp Boggy Creek.

This is from President Linda O'Toole

Update of your donations to the President's Project, Camp Boggy Creek. At the Convention, a collection of 295 Afghans, 263 Boggy Bears, 10 quilts, 9 blankets and 2 plus toys were taken to the Camp. The Camp reports receiving money totaling \$37, 066.50. Way to go!!!

LEADERSHIP- Jean Allen (jeanallen@gmail.com)

Project progress let's take stock of where we are and maybe start some new projects. If you see or hear of anyone "doing the right thing" please let me know.



Reach your PEAK!
North Aug. 11-12
South Aug. 18-19

LEADERSHIP SUMMER CAMP 2023

REGISTER FOR CAMP

GFWC SISTERS - REGISTER FOR LEADERSHIP SUMMER CAMP 2023 AND REACH YOUR P.E.A.K.
(POTENTIAL | EMPOWERMENT | ADVANCEMENT | KNOWLEDGE)

The GFWC Florida Leadership Committee designed the summer camp experience to empower our current and future leaders, while building knowledge to reach their PEAK potential and advance in GFWC.

Whether you're brand new to GFWC or are years into your journey, we invite you to join us at one of our two camp weekends.

NORTH CAMP - LAKE SWANN, AUGUST 11-12
SOUTH CAMP - LAKE PLACID, AUGUST 18-19

Camp Programming Includes:

- Empowerment Speaker
- Making leadership easier
- Life skills & GFWC
- Creating powerful presentations
- Stress management
- Strengthening your club's future
- Running better organized meetings
- Leadership succession planning
- ...and much more!

SIGN-UP
REGISTER ONLINE AT: WWW.GFWCFLCAMP.COM

DISTRICT 10 NEWS

The District Meeting will be held June 24 in Lantana. The Casuarina Women's Club will be hosting us.

The building can hold a limited amount of people. If you plan to attend, please get your information to Janet Carlson asap. Light morning snacks and coffee for us when we arrive.

I look forward to seeing all of you.

Meg America
District 10 Director

PERSONALS

Thank you to everyone who sent cards, called and came to visit me! You really boosted my spirits in both the hospital and rehab center, You guys are great! Thank You, Thank You! Love, Cathy

Dear friends,
Thank you for all the cards & prayers after my bladder & cornea surgeries. My eye has had some problems healing correctly but is finally doing much better. I go for an eye checkup on our park date so it will be a while before I see you. Keep up the awesome projects you are working on! Love to all, Suzan Close

DATES TO REMEMBER

June 6th- Park Outing

June 14th- Epicurean Eats

June 19th- Board Meeting

June 22nd- Mall Outing

June 24th- District Meeting

June 26th- Business Meeting

**GFWC Greater
West Palm Beach
Women's Club**

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For more information

Contact:

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561-329-1289

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each Women's Club**

Visit our webpage:

gfwc-wpbwomensclub.org